

Overview of Personal Budget-holding options



Figuring out what funding is available, where it is available and what it is used for can be a daunting task. Read on for an overview of the Disability Support Services (DSS) available in New Zealand.

Can I get funding?

Disability Support Services (DSS) are available to people who have physical, intellectual or sensory disabilities which are likely to last longer than 6 months, and which limit their ability to function to the point that ongoing support is needed.

Some neurological conditions and developmental disabilities (such as autism) are also eligible for DSS.

Psychiatric, personal health or age-related conditions as well as injuries are not eligible for DSS. Local district health boards and ACC pay for support services for these conditions.

If you live in the MidCentral region, children aged 0-8yrs with developmental delays are eligible for intensive early intervention support regardless of the above criteria.

Where do I start?

If you live in the MidCentral region, your first step is Mana Whaikaha.

If you live anywhere else in New Zealand, your first step is your local Needs Assessment & Service Coordination service (NASC).



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What is it?

Needs Assessment & Service Coordination services (NASCs) are typically the first step for a person to get government-funded disability support services.

What can I use it for?

The type of support provided might include help with personal support, meals, household management, carer support, day programmes, and support provided by rest homes and private hospitals.

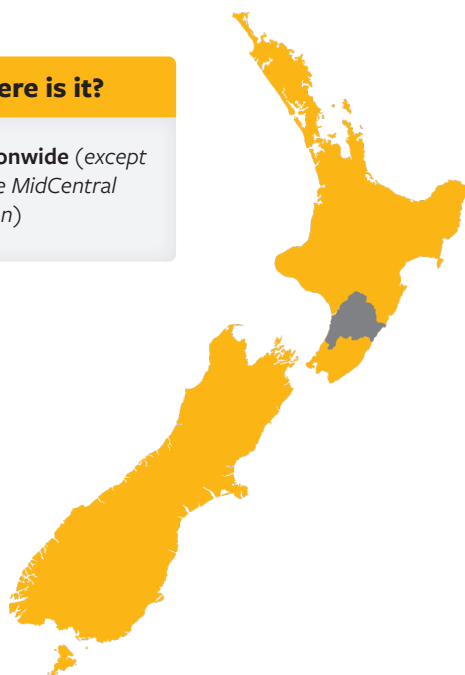
How do I get it?

Find your local NASC organisation, get a referral form, complete the referral form, and your NASC will contact you.

To find out who your local NASC organisation is, scan the QR code at the end of this document.

Where is it?

Nationwide (except in the MidCentral region)



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What is it?

A prototype of a new disability support system. This new system is based on the Enabling Good Lives (EGL) principles and vision and aims to provide disabled people and their whanau with:

- More flexible support options
- Greater decision making over their support and their lives
- Improved outcomes
- Cost effective disability support system

You also have a choice to work with or without a Connector. Connectors help identify goals, apply for funding and assist access to supports.

Without a Connector you need to fill out a funding template and provide information—this will be reviewed and then a funding agreement will be developed that describes specific details.

Who can get it?

To be eligible for Mana Whaikaha, you need to live in the MidCentral region and have a disability that meets the criteria to receive funding for Disability Support Services (click 'Back to eligibility criteria' at the bottom-right of this page for more information). Additionally, Mana Whaikaha is available for children and young people with developmental delays.

Where is it?

MidCentral Region:
Palmerston North,
Manawatu, Otaki,
Horowhenua &
Taranua



How do I get it?

If you are interested in getting started or finding out more about Mana Whaikaha, you can contact Mana Whaikaha here:

Phone: 0800 626 255 (0800 MANA55)

Email: info@manawhaikaha.co.nz

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What is it?

Individualised Funding (IF) is a personal budget which gives disabled people more choice in how they are supported.

What can I use it for?

Home and Community Support Services:

This includes household management and personal care provided by support workers. Support workers can include family members, contracted personnel or organisations. You can use your IF budget to pay costs relating to the employment of these support workers.

Respite Services:

You can purchase Respite through support workers (including family members) or other suitable alternatives so that the full-time carer can have a break (this includes facilities or school holiday programmes). You cannot use IF to pay parents and spouses for respite care.

IF cannot be used for costs related to medical supplies, equipment, home renovations, leisure, recreation and personal or family costs, and can't be used to increase the personal income of an individual or family.

How do I get it?

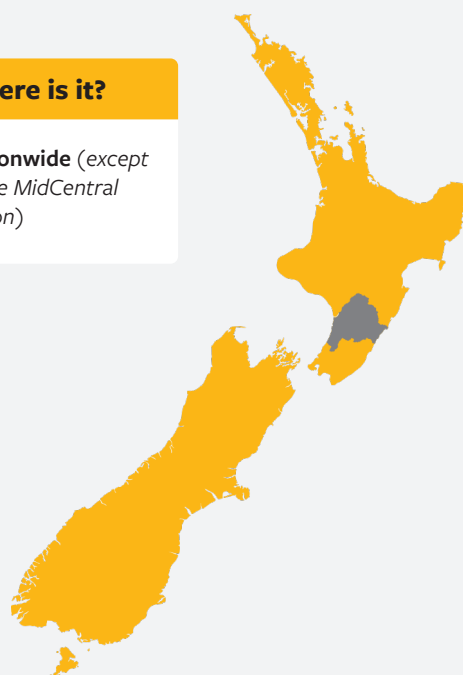
If you can manage your own services or have someone in your support network willing to do

so, then IF may be right for you.

1. Talk to your NASC.
2. Choose an IF host.
3. Discuss options with your IF host.
4. Work together to agree on the level of support needed and to develop an Individual Support Plan (ISP).
5. Your ISP is implemented, and Support Services (SS) are delivered.
6. SS are verified by your IF host.
7. Your host invoices the Ministry of Health.
8. Your IF host receives payment for supports delivered.

Where is it?

Nationwide (except in the MidCentral region)



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What is it?

Enhanced Individualised Funding (EIF) is a demonstration of the ‘New Model for Supporting People’ in the Bay of Plenty. Money is received from the Ministry of Health to pay for home and community supports needed to live a good life. EIF aims to increase a person’s choice and control over and above Individualised Funding.

1. Collaborate with your LAC or NASC to create a document that outlines goals related to the life you want to live.
2. You will be referred to a host organisation that will work with you to manage your budget.
3. All support purchases are confirmed with the host organisation who then arrange for all the payments to be made.

What can I use it for?

EIF can be used to purchase a wider range of supports in accordance with the New Model Purchasing Guidelines, as opposed to Individualised Funding which can only be used to purchase Home and Community Support Services and Respite.

EIF funding can be used to purchase goods and services you need due to being disabled (these are called ‘disability supports’), that help you progress towards your goals, and that are the responsibility of the Ministry of Health and not provided by other government agencies (such as education).

Where is it?

Eastern & Western Bay of Plenty



How do I get it?

Check your eligibility with your Local Area Coordinator (LAC) or Needs Assessment & Service Coordination service (NASC).

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What is it?

Enabling Good Lives (EGL) is an approach to supporting disabled people and involves partnership between government agencies and the disability sector. It is aimed at long term transformation of how disabled people and their families are supported in their everyday lives by offering greater choice and control over the supports they receive. EGL can bring together funding from the Ministry of Health, Ministry of Education and Ministry of Social Development in a single package.

How does it work?

The EGL approach focuses on personal budgets and an option for Independent Facilitation. All supports and services are led by the individual and their preferences, and all government funders can contribute to the same funding pool. The individual can then decide how much control they want over managing their own funding pool.

Elements of the EGL approach were originally developed and tested in Christchurch. This was to demonstrate how the approach can be used to make it easier for people to live good lives of their own choosing. Elements of the EGL approach are also being implemented in the Waikato. 'Mana Whaikaha', a prototype for the transformed system which is based on the EGL approach, began in the MidCentral Area in 2018.

Can I get it?

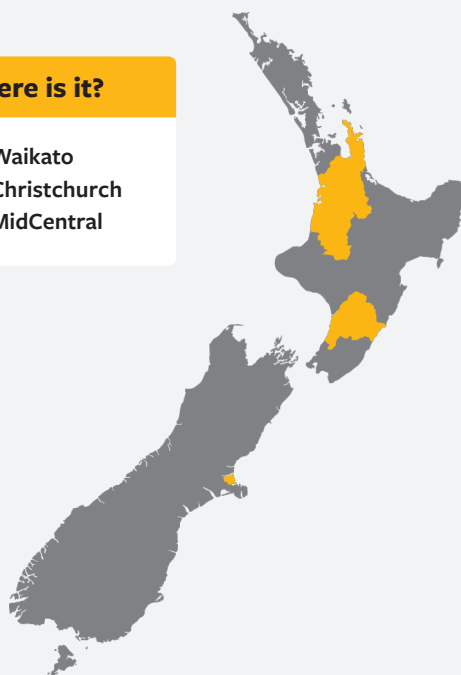
In Christchurch, the EGL approach is available to all school leavers with high or very high needs Ongoing Resource Scheme (ORS) funding.

In the Waikato, the EGL demonstration is full, and new people are unable to join at this stage. If you would like to be contacted if this changes, visit enablinggoodlives.co.nz, then click 'Getting Involved', then 'How to Join'.

See 'Mana Whaikaha' on page 3 for more information on eligibility in the MidCentral area.

Where is it?

- Waikato
- Christchurch
- MidCentral



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What is it?

Choice in Community Living (CiCL) is part of the new model for supporting disabled people demonstration. It is an alternative to residential services (a service funded through Needs Assessment & Service Coordination services (NASCs)) for people with significant disabilities. It offers more choice and control over where they live, who they live with and how they are supported.

can provide advice on what funding is available to achieve this.

Who can get it?

- People who live in a residential service and want to leave and live independently in a home they can purchase or rent.
- People who live in their parents' or family home with disability support needs similar to people in residential services, and who want to live independently in a home they can purchase or rent.
- People who live in an unsustainable living arrangement with disability support needs that would require a referral to a residential service, which is not what the person or their family wants.

How do I get it?

Local NASCs help people and families decide whether CiCL would be a good option for them, as an alternative to residential services. They

Where is it?

- Auckland
- Waikato
- Hutt
- Otago
- Southland



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What is it?

Carer Support funding helps carers take some time out for themselves. It provides reimbursement of some of the costs of using a support person while you have a break.

Carer Support will eventually be replaced with 'I Choose' funding.

Who can I use it for?

Funding can be used for friends, some family members or neighbours who provide relief care as well as people who provide relief care in a formal setting, for example a rest home.

Funding cannot be used:

- While the full-time carer is at work.
- To pay a parent or partner of the disabled person.
- While the disabled person is in hospital.
- To pay a carer who lives at the same address as the client.

How do I get it?

You need to be a 'full-time' carer—the person who provides more than 4 hours care per day, for example the parent of a disabled child.

Funding is accessed through Needs Assessment & Service Coordination services (NASCs).

Where is it?

Nationwide



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What is it?

Carer Support funding is being replaced with a more flexible type of respite support called I Choose.

I Choose funding will make it easier for carers to have a break from caring responsibilities.

I Choose is currently on hold while the Ministry of Health work out a sustainable implementation plan.

Who can get it?

Full-time carers of a person with a disability, with an identified need for respite.

The key changes between Carer Support and I Choose are:

- You will be paid all the money you are allocated into your bank account.
- There will be no more Carer Support claim forms to fill in and post.
- You can work when using I Choose if you want to.
- The break you take can be any length you like (not a half day or full day like with Carer Support).
- You and the person or organisation providing the respite support or service can agree how much the support will cost.

How do I get it?

If you are currently receiving Carer Support, you will be notified about I Choose when it is ready to be rolled out. In the meantime, you can apply for Carer Support funding through your Needs Assessment & Service Coordination service (NASC).

Where is it?

Nationwide



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What is it?

Funded Family Care is a support payment available for eligible disabled people to employ family members to help with household management and/or personal care.

Funded Family Care is being disestablished and ends in September 2020. After this, family carers can still be paid to care for a disabled family member if the disabled person moves to Individualised Funding (IF) or Home and Community Support Services.

If you have been receiving Funded Family Care you should have moved to the new arrangements and the family carer will now be employed through IF or by a Home and Community Support Service provider.

What will change under the new arrangements?

- Pay rates will be consistent with rates for other care and support workers.
- Partners and spouses will be able to be paid to care for their disabled family member.
- Family carers will be able to be paid to care for eligible children and young people under 18 years.
- The minimum age for employment as a family carer will be lowered from 18 to 16 years.

Who can get it?

Disabled people who have been assessed as having high or very high support needs may be able to have paid support from a family member. The paid family member can include partners and spouses and parents.

How do I get it?

Disabled people who are eligible for a paid family carer can have one if they choose to through either:

- Individualised Funding (IF), or
- A contracted Home and Community Support Service provider

You can choose either of these arrangements, depending on which one suits your circumstances best.

To find out if you are eligible for a paid family carer contact your local NASC organisation.

For more information about the changes to Family Funded Care, scan the QR code at the end of this document.

Where is it?

Nationwide

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MORE INFORMATION:

Scan the QR codes below for more information on each of the Disability Support Services (DSS).

Alternatively, visit carematters.org.nz, navigate to the Resources menu and click on *Overview of Disability Funding in NZ*. The *More Info* buttons for each DSS, link to further information online.



Eligibility criteria
for funding



Needs Assessment
& Service
Coordination



Individualised
Funding



Enabling Good
Lives



Carer Support



Funded Family
Care



Mana Whaikaha



Enhanced
Individualised
Funding



Choice in
Community
Living



I Choose