

Programme 1 – What is Parent to Parent? (Part 1)

Research: Rebecca Armstrong

Presenter: Val Ockenden

Produced by Louise Ratcliffe and FreeFM89.0

Guests

Anne Wilkinson ONZM

Enabling Good Lives (EGL)

Anne's involvement in the sector began over 30 years ago as a parent. She has a background of working with families and for 25 years worked for and held a number of roles within Parent to Parent New Zealand. In early 2016 she resigned after 12 years as Chief Executive, but continues to be a volunteer Support Parent and member of the organisation.

Anne has been involved with EGL since 2011, currently serving on the National Leadership Group and the Waikato Leadership Group. She believes disabled people have the same rights as others to have control over their lives, and that families are an integral part in achieving this.

Jacqui Stokes

Waikato Support Parent

"I found out about Parent to Parent when my son was diagnosed at two years old. It supported me by helping getting assessed for respite care and putting me in touch with another parent whose child had the same diagnosis.

"When I moved to Hamilton I started going to coffee mornings. It was nice to chat with other mums who were going through the same things. From there I was asked to join the committee and become a Support Parent.

"Since becoming a Support Parent I have talked and listened, and even met with other parents who have the same diagnosis as my son. I have been on and off the committee over the years and have always been willing to support the group that help support me especially through my son's younger years."

Programme Synopsis

- Introduction to *Connect, Inform, Support* podcast.
- A history of Parent to Parent from Anne Wilkinson who has been with the organisation for almost 30 years.
- Lived experience from Jacqui Stokes who has been actively involved as a volunteer Support Parent for 15 years.

Links

www.parent2parent.org.nz

<https://altogetherautism.org.nz/>

<http://www.enablinggoodlives.co.nz/>

<https://carematters.org.nz/> or 0508 236 236 freephone service for carers

