

# Programme 13 – Sex Education for young people with learning difficulties

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**Research and co-ordination:** Lisa Pirihi and Carolyn Jury

**Presenters:** Val Ockenden and Louise Ratcliffe

**Produced by** Louise Ratcliffe and FreeFM89.0

## Guests

**Continued conversation with Julia Drury from last week**

## Programme Synopsis

- [Excerpts From One In Five December 2014](#)  
Teaching children about the birds and the bees is often challenging. But it can be tougher still for parents whose young people have learning difficulties. Katy Gosset from One in Five meets sexual health educator Annette Milligan who is helping those families to navigate puberty and all it brings.
- The end of last weeks discussion with Julia Drury from Family Planning about talking to all young people about sex and relationships, and the resources available to support parents and schools to do that.

## Music

**“A kiss is not a contract” Flight of the Conchords**

## Links

[One In Five: Health Click](#)

<http://www.healthclick.co.nz/>

<http://www.healthclick.co.nz/sex-smart/>

<http://www.familyplanning.org.nz/advice/parents-and-carers>

[Villainesse – The Real Sex Talk on YouTube](#)

[www.parent2parent.org.nz](http://www.parent2parent.org.nz)

<https://altogetherautism.org.nz/>

<http://www.enablinggoodlives.co.nz/>

<https://carematters.org.nz/> or 0508 236 236 freephone service for carers

